

# Keeping Fit and Healthy Using PEMF-100

## Prevention is better than the cure



**Thanks to broadband activation of the body's natural self-regulating mechanisms, the PEMF-100 system is an excellent method for maintaining general health.**

Any prophylactic measure is preferable to having to treat an illness that has already presented itself. The enormous increase in chronic illnesses in our modern world shows what stresses and strains large sections of the population are exposed to. Proper support of the body's internal self-regulating mechanisms helps prevent these chronic illnesses.

**Many users swear by the use of PEMF-100 electromagnetic field therapy.**

This medication and side effect free therapy form can be used by anyone - irrespective of age, previous technical knowledge or physical constitution. An 9-minute treatment session once daily is all that's needed to lend the body's self-regulating processes valuable support and ensure that the body is better equipped to cope with the stresses and strains of modern everyday life.

*"Lying on the magnetic field helps the overexerted muscles and tissues to recover more quickly. We studied the effect and both the lab results and the athletes themselves confirmed that the capacity for regeneration improved."*

**Dr. Beat Villiger**, Manager of the Swiss Olympic Medical Team

# Successful Elite Athletes Have Confidence in the PEMF-100 System

## Improved performance and faster regeneration are convincing factors for the users



Hermann Maier, three time World Cup and two time Olympic gold medal skier, almost severed his leg in a near-fatal motorcycle accident in August of 2001. After dozens of medical procedures, he was introduced to PEMF Therapy. In January of 2003, he won the World Cup Super G at Kitzbuehel, Austria in only his second race following his recovery.

“No one expected him to walk again – let alone ski competitively. Winning world class races was never even considered. From now on, I’m treating every member of the team with PEMF Therapy.” - **Heini Bergmuller, Austrian Ski Team Manager**

## For many years now PEMF-100 devices have been the constant companions of numerous athletes in competitive and high-performance sports

The proven PEMF-100 application increases micro-circulation and significantly improves the flow characteristics of the blood. Cells receive more oxygen and nutrients. The supply of energy and the removal of metabolic waste is improved. Sports fitness following competitive events can be more rapidly restored.

### Benefits of PEMF-100 to the athlete

- **PEMF-100 improves performance**  
Adequate warming-up of the muscle tissue is essential to ensure peak performance, but it expends valuable energy. If the muscles are warmed up using the PEMF-100 system, the saved energy is available as additional energy for competition and training.
- **PEMF-100 makes faster regeneration possible**  
By activating the metabolism, hardening of the muscles is prevented or decreased. This reduces incidents of torn muscles and ligaments. The regeneration phases between sporting activities can be shortened. As a result, more training units can be completed within the same space of time. This increases the fitness level of the athlete in addition.
- **PEMF-100 prevents sports injuries**  
PEMF-100 therapy positively influences the healing processes of damaged, ligaments and tissue. Traumatized tissue and edema are reduced significantly faster. Thus sports-related disabilities and chronic conditions can be prevented.